Full Spectrum Dominance

I. Prepare before the tournament.

A. Be prepared, everything written

B. Get into mindset two days before

C. When you get there, feel like you have been there a while

D. Think about debate beforehand

E. Make it possible to remember thoughts

F. Print up everything before tournaments

1. USB Drives

2. External hard drive

3. Email all work to self

4. Name your cases

a. Personal relationship with your case

b. Very easy to communicate about strategy

c. Mislabel your case

G. Bring refreshments

H. Psychology changes debate

I. Hydrate yourself

J. Go to the bathroom between rounds

II. Dress for Success

A. Clothes must make you feel you look good

B. Consider environment

C. Consider your effect on people around you

D. Comfort

E. Confidence

F. Red is good

G. Don’t be creepy in pictures

III. Debate Supplies

A. Figure out flow-paper. Always bring enough.

B. Figure out which pens allow you to write more quickly.

1. College bookstores have tons of types of pens.

C. Always have your timer and its backup.

D. Print out your flows ahead of time.

E. Listen to music that puts you in a debate mood.

1. Make multiple playlists.

2. Music lets you shut yourself out from the tournament.

3. Bring roll-up music.

IV. Morning of the Tournament

A. Make your hotel room yours.

1. Be messy.

2. Move around furniture in the hotel room to set up your own environment.

B. Use multiple alarms to wakeup.

C. Start verbal arguments with teammates.

D. Lay out your stuff the night before.

E. Look all business when you enter the tournament.

F. Debater-debater interaction.

1. Don’t be a dick to people.

2. It’s fun to have rivals.

3. Play The Thousand Yard Stare.

a. Look through people.

4. Introduce yourself and shake hands with them.

5. Fake prep-out. Stage an interaction between debaters and coaches.

V. In-Round

A. Mental fortitude

1. Embrace confidence that you know you will win.

2. Make other debaters discuss your persons for psychological harnessing.

B. Use cross-examination: manipulate your height to appear dominant.

C. Water bottles: the physical presence of using their water bottle.

VI. Post-Tournament

A. Gossiping is very difficult and dangerous. People will hear you.

B. Make friends with people for networking.

C. Show your parents the trophies.

D. Trophies get you free food at a restaurant.